



Seniors Program

FUN AND FREE

Wednesdays
9:30 – 11:30am
Mililani Recreation Center 3



I would like to invite you to join the Mililani Town Association's Senior Program. This program is held weekly and incorporates fun activities, guest speakers, field trips, and of course, lots of tasty food. We're one big 'ohana and best of all, this program is free to MTA members!

Grab a friend and come to Rec. Center 3 on Wednesdays to meet some of our members and see how much fun we have. If you have any questions, feel free to contact me at Ichun@mililanitown.org or call our office at 623-7300.

Mahalo!
Linda Chun, Senior Program Instructor



Activities

Potluck • Pool and Spay Days • Board Games • Christmas in July • Alzheimer Seminar • Ewa Train Ride • Fun at the Park • Wahiawa Gardens • Cookie Swap • Country Western Day • Karaoke • Day of Sharing • Falling Prevention • Movie Day • Line Dance • Outdoor Games • Arts & Crafts • Baking Workshop • Swap Meet • Yoga Class • Easter Egg Dying • Secret Santa • Nutrition 101 • Poker Day • Fiesta • Service Projects • Book Swap • Tai Chi & Mah Jong • Show & Tell • Dental Hygiene • Cooking Demos • Chess

Registration

Sign up for the Senior Program at the MTA Administration Office or Recreation Center 3 during the hours listed below:

Administration Office – 95-303 Kaloapau St., Mililani Town
Monday thru Friday: 8:00am – 4:00pm

Recreation Center 3 – 95-281 Kaloapau St., Mililani Town
Monday thru Saturday: 8:00am – 8:30pm
Sunday: 9:00am – 8:30pm

Interested participants may visit the Senior Program before signing up.



Mililani Town Association

95-303 Kaloapau St.
Mililani, HI 96789
Tel: (808) 623-7300
www.mililanitown.org