





MTA Senior Program–April 2024 Calendar

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
			 <p>Chair Yoga with Jill - Join us for a session of chair yoga with Jill Seitzinger! Please wear comfortable clothing and footwear. <i>Session will start promptly at 10:00 am.</i></p>			
7	8	9	10	11	12	13
			 <p>DIY Reuseable T-Shirt No Sew Tote – Bring in unwanted cotton shirts and make a reuseable tote! Only 1 shirt needed per tote! <i>If you plan to bring in additional shirts for the share table, please ensure they are laundered, thank you.</i></p>			
14	15	16	17	18	19	20
			 <p>Peace, Love, and BINGO! with Mililani Physical Therapy - Time to have a Groovy BINGO and dress up like it's the 1960s! You are welcome to bring a pupu or snacks to share. <i>Bingo / Presentation to start at 9:30am</i></p>			
21	22	23	24	25	26	27
/	/	/				
28	29	30	 <p>Card and Lei Making – Come by and make a lei or card for the graduation season or for a special occasion! Please bring your own ribbon, flowers, ti leaves, etc. <i>A share table will be set up if you have extra material. Cards and limited card / lei making supplies will be available.</i></p>			