







SENIORS PROGRAM – JUNE 2026

S.	M.	T.	WEDS	TH.	F.	S.
	1	2	 3RD – MEMORY LANE – SCHOOL SPIRIT Dress up and sport your school colors as we take a trip down memory lane. From shirts, hats, gowns and your fondest memories to share. Optional snack sharing.	4	5 MTA EVENT	6
7	8	9	 10TH – BON DANCE PRACTICE CRAFT – 9:30 AM to 10:30 AM Let's enjoy our first bon dance lesson of the season with <i>Lorna Hoshino</i> to prepare for our upcoming Senior Bon Dance Demo scheduled for July 1st. Optional snack sharing.	11 Holiday	12	13
14	15	16	 17TH – POOL DAY AT REC 6, 95-1010 Konaku Street Summer is here! Enjoy relaxation and a swim in the pool at REC 6 from 9:30 a.m. to 11:30 a.m. Activity sheets and cards will be available.	18	19	20 MTA EVENT
21	22	23	 24TH- CHAIR YOGA WITH ROY ARAKAKI Join us for a session of chair yoga with Roy. Please wear comfortable clothing and footwear. Session will start promptly at 10:00 a.m.	25	26	27 MTA EVENT

The MTA senior program meets every Wednesday from 9:30 - 11:30 a.m. at Rec. Center 5 unless otherwise noted. Contact the administrative office for assistance at 808-623-7300.